



40 CLUB NEWS

HOSPISCARE BUSINESS NETWORK

FEBRUARY 2025



Thank you for giving the gift of care

Hospiscare's Heart2Heart

It's no secret that our hospice is a place full to the brim with love and compassion; you've heard about our ward and you've heard about our specialist nurses and paramedics, who carry the same expert care out into the community. But did you know Hospiscare also runs out-patient clinics? Today, we thought we'd tell you a little more about just one of the vital services you are helping to fund...

Heart2Heart is a collaboration between Hospiscare and specialist heart nurses from Royal Devon and Exeter NHS Hospital. The five session programme was designed to help patients living with a heart failure diagnosis, by bringing them and their carers together in a social, welcoming space. At each session there are set topics to discuss and there are always both heart failure nurses and Hospiscare nurses involved to answer questions, support conversations and offer tailored practical advice on symptom management and how to plan for the future. A complementary therapist is also on hand to offer helpful relaxation or massage therapies. Heart2Heart is about enabling our patients to live each day to the fullest: because every day matters.

40 CLUB 2024-2025

Hello everyone and welcome to February's edition of the 40 Club Newsletter! From Christmas trees, to Dartmoor in a Day to the **40 Club Award ceremony**, we've so much to tell you about. But first, we'd just like to say....

Roses are red
Violets are blue
We couldn't do what we do
Without each one of you!

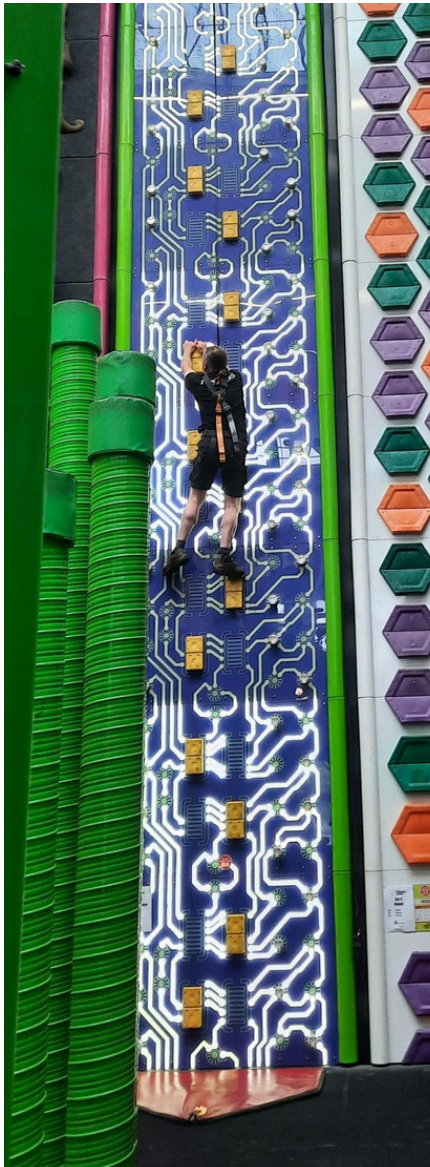


Because every day matters
www.hospiscare.co.uk

Registered charity no. 297798



Hospiscare
Caring in the heart of Devon



Thank you!



Thank you to
Nexus Open Systems
for donating
£500



Because every day matters
www.hospiscare.co.uk
Registered charity no. 292798



SPOTLIGHT: NEXUS OPEN SYSTEMS

This month, we're turning the spotlight on....Nexus Open Systems, who have been proud members of the 40 Club since 2022! Their enthusiasm and commitment to supporting end-of-life care truly knows no bounds, and over the years, they've come up with numerous exciting and innovative ways to help raise vital funds.

- Walked on fire? Team Nexus have only been there, done that and got the t-shirt!
- Trekking 26 miles along Tiverton's Grand Canal? Completed it, mate. When the intrepid team set out with a goal of raising £400, little did they know they'd raise an incredible £726!
- Men's Walk has become a bit of a fixture in the Nexus calendar - and the team are all set to join Hospiscare on our March to £1 million this year!
- Nexus were also proud to support our 12 Days of Care campaign, helping to fund 12 hours of expert care on our specialist ward over the festive period



- Never ones to shy away from a challenge, Nexus competed in the Big Wave Games, raising an impressive £785.26 in the process
- Taking fundraising to new heights back in 2023, Alex, John and Joshua from Nexus spent the summer training hard and in October, summited the UK's 3 peaks - all to help raise vital funds for Hospiscare
- Back in December 2022, Nexus donated £1 for every feedback response received through their Crewhu face click system which resulted in an amazing donation of £1,950 to Hospiscare!
- More recently, Nexus became silver sponsors of the Devon Business League
- And their fundraising efforts don't stop there. Nexus has presented a series of excellent seminars on wide-ranging topics from brilliance to supporting neurodivergent staff - the proceeds of which have been donated to Hospiscare

On behalf of all our patients, their families, our staff and volunteers, we'd like to say **THANK YOU** to Nexus Open Systems for their ongoing support. As a charity, we feel incredibly grateful and privileged to know that we can count on you to help us deliver our services and be there for our community when they need us.

IN OTHER NEWS...



We'd like to start by thanking Heard & Sendell and Progressive for their help with our Christmas Tree Recycling Campaign. Not only was this campaign good for the environment - it was good for Hospiscare, too! 2,220 trees collected and chipped and £48,000 raised for Hospiscare. That's what we call tree-mendous!

Cornwall Glass' Christmas Raffle was a joy to behold and we've no doubt the prizes went down a treat!

We'd also like to say thank you to NFU Mutual Tiverton, Cornwall Glass, Progressive, Hilton Ames and Howdens Insurance. We're thrilled the 40 Club will be so well represented at Men's Walk this year and hope you're all looking forward to it!

Not stopping with Men's Walk and not content with completing the Great West Run in 2024 alongside colleague Christine, Duncan from Howdens Insurance will also be representing Hospiscare at Exeter's Great West Run 2025! Go, Duncan!

15 March 2025 Men's Walk

Men's Walk returns on 15th March 2025, and this year, we're on the brink of something truly extraordinary!

Over the past 14 years, Men's Walk has raised an impressive ****£935,000**** for Hospiscare. In 2025, more than 1,000 participants will unite to reach the ****£1 million milestone****, a testament to the power of community and compassion.

If you'd like to be part of this incredible achievement, we encourage you to sign up soon—Men's Walk has sold out for the past four years! Don't miss your chance to join this momentous event and make a real difference for Hospiscare and the local families we support.

Visit: www.hospiscare.co.uk/menswalk



1 April 2025 Nexus Presents AI

Join Nexus at Exeter Golf and Country Club with Wear Park Spa and Restaurant for a morning filled with insights on how artificial intelligence can revolutionise your business.

AI is no longer a luxury; it's a necessity for staying competitive in today's fast-paced market. Learn how major tech leaders like Microsoft, Alphabet, and Meta are shaping the AI landscape and how your business can capitalise on these trends. Whether you're considering AI for automating workflows, enhancing customer experience, or improving decision-making, this event will provide you with the knowledge and confidence to take the next step.

[Click here](#) to find out more and purchase your ticket today.

A promotional flyer for a presentation titled 'AI, Your Business's Best Friend'. The flyer features the Nexus logo and the tagline 'YOUR IT PARTNER'. It lists the date as '1st April 2025', the time as '09:30 - 11:30', and the location as 'Exeter Golf & Country Club'. A speaker, Barry Byrne, is featured with a circular portrait and his title 'Technical Solutions Architect'. The flyer also includes a call to action: 'Discover how AI can transform your business. Join us to explore efficiency, cost-saving strategies, and live demos tailored for leaders.' and a 'Book here:' link.

3 April 2025 40 Club Awards

Put the date in your diaries and join us to celebrate another wonderful year of 40 Club Fundraising! We'll be looking back at all the challenges and triumphs of the past year, enjoying a Devon cream tea and presenting the coveted 40 Club awards.



Has a member of your team really gone above and beyond? Is there someone who stays out of the spotlight but drives your fundraising efforts forward? Please get in touch with your nominations for our 40 Club Unsung Hero award!

Where: The Hall, Stepcote Hill, EXETER, EX1 1BD

When: 2.30pm - 6.00pm

Dresscode: Smart-casual

Please RSVP to biz@hospiscare.co.uk by no later than 17 March

25 May 2025 Great West Run 2025

Exeter's Great West Run is an exciting half marathon through the heart of Devon's capital.

The 13.1 mile run is the only half marathon in Exeter where you can run the closed roads. Individuals from far and wide participate and we are on a mission to recruit just 15 people to come together and join Team Hospiscare!

If you've just finished couch to 5k or you're not quite ready for a half marathon, why not push yourself and take on the 10k route instead? Go on - do yourself and your local hospice proud!

Visit the link below and secure your space today.

www.hospiscare.co.uk/gwr



AND NOW...NEW FOR 2025

HOSPISCARE DOES...

DARTMOOR



6 September 2025

This September, we invite local businesses to tackle a team building challenge with a difference to **support end-of-life care in your community**

Starting at Postbridge, you and your team will trek 30km (18.6 miles) across rugged Dartmoor, taking in stunning highlights such as Bellever Tor and the Dartmoor “volcano”. The route is unmarked, so you’ll rely on maps, GPS, and each other to navigate to the finish line. It’s a race against the clock – and other contenders! Can your team rise to the challenge and come out on top?

Bring together colleagues from across your organisation or get your senior managers involved! This is a fantastic opportunity to **build teamwork, strengthen communication** and **push your boundaries**.

Fundraising together is a key element—set targets, create a strategy, and make a difference while taking on this unforgettable adventure.

SO....WILL YOU TAKE ON THE CHALLENGE?

Visit www.hospiscare.co.uk/dartmoor to find out more or email biz@hospiscare.co.uk



Hospiscare
Caring in the heart of Devon

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Hospiscare 40 Club members

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