



**Hospiscare**  
Your local hospice

# GOLFATHON



## Challenge Toolkit

**Because every day matters**  
[www.hospiscare.co.uk](http://www.hospiscare.co.uk)

Registered charity no. 297798



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# Introducing

## The Golfathon challenge

*Introducing the Golfathon Challenge—an unforgettable, day-long event for the avid golf enthusiast!*

*Here you'll find a useful guide explaining exactly what's involved and top tips for organising a successful event.*

### How it works

Embark on the exciting challenge of completing either 36 or 72 holes in a single day to support Hospiscare. To make the most of daylight, kickstart your challenge early, especially during the shorter winter days – ideal for the 36-hole challenge.

Get a team together of two to four players and register through the Hospiscare website or directly at -

<https://register.enthuse.com/ps/event/HospiscareGolfathonChallenge>

Signing up is absolutely free, and each participant will receive a welcome pack.

The Golfathon challenge is an all-day event, and for those daring individuals aiming for the full marathon of 72 holes, planning during the summer months is crucial. This ensures an extended day filled with sunlight, allowing you to conquer this impressive feat.

## Location

Pick your golf course and use the letter in your welcome pack to ask the Club to host your Golfathon challenge. Getting a Golf Club on side to host your Challenge, will help you raise as much as possible for Hospiscare. You can share your appreciation for your chosen Club by;

- Including a thank you post on social media.
- Arrange a dinner or lunch at the club after your challenge with your family and friends to celebrate your achievement.
- Share your challenge with the local paper, and don't forget to thank the Club.

Make sure the club are aware of what the challenge is about, what you will be doing and who you are raising money for. This might help in them wavering or reducing green fees.

## How we'll support you

We'll provide you with the following materials to help kick start your challenge;

- Sponsorship forms
- Posters
- Collection buckets or tins
- T-Shirts
- QR Code donation Badge for your Golf bag
- A letter of authority to show your chosen club and help collect raffle prizes
- Sharing graphics for social media and an online fundraising page

A member of the Hospiscare fundraising team will also be on hand to support you with your challenge and offer advice every step of the way.



## Before the event

Here's some top tips to help you tee off your fundraising;

- Share your fundraising page with friends and family
- Spread the word on social media and encourage local Golf Clubs to share on your behalf.
- Pledge Per Hole: Encourage supporters to pledge a certain amount of money for each hole a participant completes.
- Reach out to local businesses to secure donations or sponsorships. They could sponsor the event itself, provide match funding, or sponsor specific activities during the Golfathon.
- Silent Auction: Collect donated items such as golf equipment, vouchers, or gift cards, and host a silent auction either on-site or online to raise additional funds.
- Lunch or Dinner Event: Host a post-Golfathon lunch or dinner event where participants can invite family and friends to celebrate and contribute to the cause.
- Golfathon Raffle: Organise a raffle with exciting prizes like golf merchandise, electronics, or experiences. Why not sell raffle tickets to Golf Club members.



## Get ready for the day

Organise your kit and make sure you're ready. The last thing you want is to arrive without your Hospiscare colours! Pack an essentials kit bag. You'll be walking and on your feet most of the day. We've put together a small list of things you may want to pack below.

- Comfiest golf shoes
- Suncream
- Sun hat
- Sunglasses
- Water bottle
- Blister plasters
- Jumper
- Spare socks
- Waterproof jacket
- Plenty of snacks

as well as your scorecards, spare balls, tees, pens and pencils.





## Fundraising

The money you raise will make a huge difference to local people in your area living with life limiting illnesses.

## *Did you know...?*

**£37**

could help fund an  
hour of specialist  
bereavement  
support

**£261**

could help cover  
6 hours of care  
on our specialist  
ward

**£966**

could help to fund  
20 home visits from  
a Community Nurse  
Specialist



## On the day

Some top tips to help you complete your challenge:

### **Maximize Your Time**

- Get an early start.
- Opt for forward tees.
- Don't dwell on lost balls.
- Let whoever's ready go first.

### **Keep Your Cool and Stay Hydrated**

- Consume at least one water bottle per round.
- Take a refreshing shower halfway through.

### **Shield Yourself from the Sun**

- Apply SPF and wear a hat, regardless of the weather.

### **Fuel Up with Smart Snacking**

- Maintain energy levels with non-crash-inducing snacks.
- Avoid overly sugary options.

### **Say Goodbye to Blisters and Chafing**

- Use Vaseline to protect sensitive areas.
- Don't forget to pack a blister kit.

### **Pace of Play**

- Maintain a brisk pace and stay ready to play.
- Position bags for quick movement.
- Check with groups ahead to play through if needed.

### **Scoring Tips**

Keep scorecards and pencils handy. Calculate your team's round total by:

- Adding the best two Stableford scores for each hole
- Including the full handicap allowance
- Sum up scores from each round for your grand total.

## After your Golfathon

### **Celebrate and share:**

Share your experience on social media and inspire others to get involved by posting engaging stories and helpful tips. Don't forget to include memorable photos from the day.

Share your event with the local press. Let your community know about the incredible achievements you've accomplished in support of Hospiscare.

Now rest! Nobody's saying this is going to be easy. Taking on either 36 or an ambitious 72 holes requires stamina and resilience. Allocate time to recharge – a well-deserved break after an enduring day of golf and walking. You've accomplished something remarkable!

### **How to pay in your donations**

- Drop into Searle House, Exeter. We would be delighted to see you and hear about your Golfathon! Or you can also drop your donations into any of our Hospiscare shops.
- Bank the money and transfer it over by using the donations page on the Hospiscare website, found [here](#), referencing the Golfathon with your name.
- Meet with your local Area Fundraiser. This could include a photo opportunity with your local club to celebrate your fundraising achievements.

Thank you for choosing to participate in the Hospiscare Golfathon and for going above and beyond to help provide end-of-life care for local patients and their families. May your swings be strong, your putts precise, and your fundraising efforts exceed all expectations.

**Good luck!**